

North Georgia Aesthetics

Juvederm/Voluma Post-Treatment Instructions



Immediately after the treatment, there might be mild to moderate redness, swelling tenderness, and an itching sensation in the treated area. This inconvenience is temporary and will disappear after several days. You may gently apply ice for short periods of time to any bruises or areas of tenderness for the first 48 hours. It is common for some patients to bruise during or after treatment. Please be aware that bruising with swelling can create an uneven appearance until the bruising dissipates (up to 10 days). It is also not unusual to feel product underneath areas of injection sites.

The initial swelling after lip treatment may last longer. Some patients experience swelling for about 1 week and the lips can look somewhat uneven during this time. This means that the result immediately after treatment should not be looked upon as the final result. It is important to keep the lips hydrated following treatment. We recommend *Aquaphor Healing Ointment*. Aquaphor contains Vitamin C, Shea Butter, and Chamomile essence to soothe dry lips.

Avoid touching the treated area and avoid exaggerated facial expressions for 6 hours after treatment. After that, apply light makeup if desired and continue the use of your normal skin care products.

Until the initial swelling and redness have resolved, do not expose the treated area to intense sunshine, extreme heat (for example: sauna or suntanning), or extreme cold. If the treatment area or surrounding skin becomes increasingly tender or you notice any color changes in the skin, please contact our office immediately. If it is after office hours, please send an email to the address below to have your concerns addressed.

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**After-hours email: wilsons@ngeye.com